

FROM THE KITCHEN

Fruit salad

Granola, Compote & Yoghurt

Natural Yoghurt, Homemade Granola
with Compote

Porridge

Honey, Brown Sugar or Maple Syrup

Full Welsh Breakfast

Sausage, choice of Egg, Smokey Bacon,
Roast Tomato, Mushroom, Black Pudding
& Laver Bread Hash Brown

Full Welsh Vegetarian Breakfast

Glamorgan Sausage, Wilted Spinach,
Roast tomato, Mushroom, choice of Egg
& Laver Bread Hash Brown

Smoked Salmon & Scrambled Eggs

Eggs Benedict

Ham, Poached Eggs & Hollandaise Sauce

Smoked Haddock Benedict

Smoked Haddock With Laver Bread,
Spinach, Poached Eggs & Hollandaise
Sauce

Egg & Soldiers (v)

Soft boiled Egg & buttered Toast

Eggs Royale

Smoked salmon, Poached Eggs &
Hollandaise Sauce

FROM THE TABLE

Fresh Fruit Plate

A selection of pastries

Bowl of Cornflakes, Muesli or Rice
Crispies

Conserves: Welsh Lady Raspberry
Jam & Marmalade

JUICES

Fresh Orange

FRENCH PRESS Coffee

by Coaltown Coffee

French Press Cafetiere

Decaf French Press Cafetiere

TEA by BrewTea

Earl Grey Darjeeling

Lemon & Ginger Moroccan Mint

Assam Apple & Blackberry

Lapsang Decaf Ceylon

